



**S**heboygan  
**I**nternal  
**M**edicine  
**A**ssociates, s.c.

## Complete Health Care for Adults of All Ages





# Welcome to Our Practice

Our expertly trained, highly skilled physicians, nurse practitioners, and support staff will provide compassionate, comprehensive care.

Our team approach assures your care is consistent and that we truly take

time to know your specific health concerns. We are focused on you, not on how many patients we can see in a certain timeframe.

As the area's premier medical care team, Sheboygan Internal Medicine Associates serve as your primary care physicians starting at age 16 and continuing through senior years. Our staff will address all of your health care needs ranging from general physical exams through continued care for chronic conditions, and even same day urgent care. Our emphasis on adult health care means we are uniquely trained to perform tests, analyze results, and work with you for long-term wellness.

When calling our office, you will hear a menu that prompts you to select a doctor or service. This assures you are directed to the most appropriate support staff for your concern. Same day appointments are available for urgent health care needs.

## *Our Physicians*

As primary care medical providers, we combine an emphasis on wellness with the most current health treatments. The diverse range of our physicians' areas of focus means we have expertise in diabetes, heart conditions, hypertension, renal disease, circulation, asthma, and allergies; as well as specific areas of the body including the internal organs, nervous system, eyes, ears, and skin. Each of our physicians has the knowledge, experience, skills, and commitment to your needs to provide the highest quality care.

**All of our physicians are board certified by the American Board of Internal Medicine.**



### ***Vytas K. Kerpe, MD***

Dr. Kerpe earned a Doctor of Medicine at Loyola University Stritch School of Medicine in Maywood, Illinois. His postgraduate work included one year in pathology at Good Samaritan Hospital in Portland, Oregon followed by an internship and residency in internal medicine at Loyola University Medical Center. His areas of interest include management of diabetes, diseases of the kidneys, and care of the aging adult.



### ***Charles F. Schleevoigt, MD***

Dr. Schleevoigt earned a Doctor of Medicine from the University of Illinois at Rockford. He completed an internal medicine residency and one year chief residency at Abbott Northwestern Hospital in Minneapolis, Minnesota.



### ***Michael D. Johnson, MD***

Dr. Johnson earned a Doctor of Medicine from The Ohio State University College of Medicine in Columbus, Ohio. He completed a year-long internship and two year residency at the University of Colorado Health Sciences Center in Denver, Colorado. He focuses on diabetes, high blood pressure, and health concerns of the kidneys.



### ***Nicholas C. Barnes, DO***

Dr. Barnes earned a Doctor of Osteopathic Medicine from Midwestern University in Downers Grove, Illinois. He completed an internal medicine residency at Loyola University Medical Center in Maywood, Illinois.



### ***Elizabeth L. Zurich, DO***

Dr. Zurich earned a Doctor of Osteopathic Medicine from Midwestern University in Downers Grove, Illinois. She completed an internal medicine residency at Rush University Medical Center in Chicago, Illinois. She also served as a hospitalist at Rush University. She enjoys counseling on weight loss management.

*The DO versus MD designation means DO physicians have received additional training in the body's musculoskeletal system.*

## Our Nurse Practitioners

A nurse practitioner (NP) is a registered nurse who has completed advanced education, a minimum of a master's degree, and clinical training in the diagnosis and management of medical conditions in a specialty area. They offer many of the same services as a doctor including physical exams, diagnosis and treatment of common health concerns, interpretation of lab results and x-rays, medication prescriptions, and counseling. Several of our NPs are also trained in Advance Directive Counseling.

Each of our NPs embrace the core philosophy of their field and offer individual patient care and focus on prevention, wellness, and patient education as priorities. They maintain a close working relationship with our doctors for your optimal care.

**All of our NPs are board certified. They are also licensed as registered nurses and Advanced Practice Nurse Prescribers by the state of Wisconsin.**



### **Richard E. Mulhern, ANP-BC**

Rich had a direct commission into the Army Nurse Corps after completing a bachelor degree. He received his adult nurse practitioner training at Silas B. Hayes Army Community Hospital at Ft. Ord, California and then received training and further special education at the Officers Advanced Course. Rich is board certified as an adult nurse practitioner (ANP-BC) by the American Nurses Credentialing Center; certified in Basic Life Support by the American Heart Association, and is a member of the American Association of Nurse Practitioners.



### **Monica J. DeMuth, FNP-BC**

Monica earned a Master of Science in Nursing from the University of Wisconsin-Milwaukee. She is board certified as a family nurse practitioner (FNP-BC) by the American Nurses Credentialing Center; is a member of Sigma Theta Tau International (the honor society of nursing), and is a Columbia College of Nursing faculty member.



### **Nicole (Nikki) L. Steinhardt, FNP-BC**

Nikki earned a Master of Science in Nursing and then a Doctor of Nursing Practice from Concordia University in Mequon, Wisconsin. She is board certified as a family nurse practitioner (FNP-BC) by the American Nurses Credentialing Center; certified in Advanced Cardiac Life Support, nationally registered as an Emergency Medical Technician-Basic, and is certified as a CPR instructor.



***Theresa Brosnan-Schuler, ANP-BC***

Theresa earned a Master of Science in Nursing from Marquette University in Milwaukee, Wisconsin. She is board certified as an adult nurse practitioner (ANP-BC) by the American Nurses Credentialing Center.



***Rachael K. Falle, ANP-BC***

Rachael earned a Master of Science in Nursing from Marian University in Fond du Lac, Wisconsin. She is board certified as an adult nurse practitioner (ANP-BC) by the American Nurses Credentialing Center. Rachael is a provider with the National Registry of Certified Medical Examiners who performs Department of Transportation (DOT) exams. She is trained in Advance Directive Counseling.



***Shana L. Hogue, FNP-BC***

Shana earned a Master of Science in Nursing from Concordia University in Mequon, Wisconsin. She is board certified as a family nurse practitioner (FNP-BC) by the American Nurses Credentialing Center and has experience in women's health and oncology but enjoys seeing patients of all ages with any health concerns.



***Jessica L. Murphy, ANP-BC***

Jessica earned a Master of Science in Nursing from the University of Cincinnati, Ohio. She is board certified as an adult nurse practitioner (ANP-BC) by the American Academy of Nurse Practitioners.



***Colleen M. Gumm, APNP-BC***

Colleen earned a Master of Science in Nursing from Marquette University in Milwaukee, Wisconsin. She is board certified as an advanced nurse practitioner (APNP-BC) by the American Academy of Nurse Practitioners. Colleen has an extensive background in urgent care and adult medicine, and is bilingual in Spanish.



## ***Offsite Healthcare by Our Nurse Practitioner***

Making a trip to see a doctor may not always be the preferred option for our patients who are recovering at area rehabilitation centers or reside in senior care facilities. It may involve arranging for transportation with a family member or paying for transportation services. We understand these difficulties and are proud to deliver healthcare to your doorstep. The nursing staff at each facility can provide more details about our dedicated nurse practitioner, Doris Theune, including how charges are handled and when her next onsite visit is scheduled.



### ***Doris U. Theune, GNP-BC***

Doris earned a Master of Science in Nursing from the University of Colorado at the Health Services Center in Denver, Colorado. She is board certified as a geriatric nurse practitioner (GNP-BC) by the American Nurses Credentialing Center and is a certified trainer in Advance Directive Counseling.

Doris has a special interest in palliative and hospice care and works with a Sheboygan area task force on palliative/end-of-life issues.

## Electronic Medical Record System

We became one of the first groups locally to use the EPIC electronic medical record system. This allows us to have immediate access to your health records from almost anywhere there is secure, protected internet service. Your doctor or nurse practitioner can retrieve your medical history, allergies, medications, and other valuable information whether in our office, at a hospital, or other location. EPIC is one of the most sophisticated health record systems and assures we are on the leading edge of health care communication, while also protecting your information in compliance with HIPAA standards.



## MyHealthRecord

This free, 24-hour a day, online, personal health record site allows you to securely access your information from a computer, laptop, or mobile device. To sign up, visit [www.hshsmyhealthrecord.com](http://www.hshsmyhealthrecord.com)

## Full Service Laboratory

We offer an array of onsite diagnostic services and perform more than 200,000 analyses annually. We have a staff of ASCP (American Society of Clinical Pathologists) certified medical laboratory scientists, CLIA-certified (Clinical Laboratory Improvement Amendments), and COLA (a laboratory accrediting organization) laboratory. This means we can perform both routine testing and occupational health care screenings as well as advanced lab tests to enable us to monitor acute and chronic diseases with extremely fast turnaround time. This is essential to provide advanced urgent care for you. Our relationships with a number of nationwide reference labs extends our state-of-the-art testing capabilities.

Appointments for blood draws are scheduled Monday through Friday 7:00 a.m. to 5:00 p.m.





## Tests

### *Ultrasound*

#### *Echocardiograms (ECHO's)*

When your physician needs to know about the health of your heart, we may perform an echocardiogram (ECHO). This test uses sound waves that bounce off different parts of your heart to diagnose the structure and condition of your heart.

#### *Carotid Artery Ultrasound*

This test is used for stroke prevention to evaluate the carotid arteries in your neck. With it your physician can tell if you are at risk from neck artery blockages. These can occur from cholesterol deposits since blockages often give no symptoms until you actually experience a stroke.

#### *Abdominal Aorta Ultrasound*

This test is performed to examine the size of the large artery in the abdomen-the abdominal aorta. Occasionally this artery can become enlarged and poses a health risk.

#### *Abdominal Ultrasound*

This imaging test may be used to examine the organs in the abdomen including the liver, gallbladder, spleen, pancreas, and kidneys. The blood vessels that lead to some of these organs can also be examined.

### *Spirometry*

If you are experiencing shortness of breath, are a smoker, or there is concern you may have asthma, emphysema, or lung disease, this test measures the amount and speed of air that is inhaled and exhaled. During the test you take a deep breath and exhale as hard and long as you can into a special mouthpiece. Then we are able to properly diagnose your breathing issue.

### *Holter Monitor*

This test allows us to identify the specific times you experience changes in heart beat. Electrodes are attached to your chest and a small monitor records your heart rate/rhythm for a period of 24 or 48 hours.

### *X-rays*

We use x-rays to diagnose, monitor, and treat a variety of medical conditions. When x-rays are ordered by your provider, you can have them done within our facility.

## ***Services***

Our staff participates in ongoing education and incorporates new equipment, technology, and test methods to assure we continually offer the latest in health care.

### ***Complete Wellness and Health Assessment***

We diagnose, treat and provide follow-up care for medical/health issues and are adult primary care physicians for all non-surgical health care.

### ***Anticoagulation Clinic***

If you are on an anticoagulant/blood thinner you must have your blood monitored on a monthly basis. Our Anticoagulation Clinic is managed by a nurse practitioner who will schedule your appointment, perform the appropriate test using a finger stick, and will make medication adjustments as needed. Each patient involved in our clinic receives ongoing educational counseling.

### ***DOT Exams***

These detailed medical exams ensure drivers are in good health to operate a commercial vehicle. Rachael Falle, NP is a provider with the National Registry of Certified Medical Examiners who performs these Department of Transportation (DOT) examinations.

### ***Education and Counseling***

Whether you are trying to quit smoking, have nutritional concerns such as weight control, or are working through other health challenges, our staff provides educational materials and support to meet your goals. We have a variety of information detailing your options and will design an individual plan and work with you for a successful outcome.

### ***Advance Directives***

Also known as advance healthcare directive, living will, personal directive, medical directive or advance decision, an advance directive is a legal document in which you specify what actions should be taken for your health if you are no longer able to make decisions for yourself due to illness or incapacity. Understanding the options and working through the paperwork can be confusing. A number of our staff have extensive training and background and can assist you with advance directives.

## *Services* (cont.)

### *Women's Health*

If you would be more comfortable seeing a woman for your care, including pap, pelvic and breast exams, then Dr. Zurich and our team of female nurse practitioners may be the best choice.

### *Additional Services*

Electrocardiogram (EKG)

Simple suturing

Cortisone injections

Mole/skin tag removal

Wound care

Flu and other vaccinations

Offsite healthcare

Wellness exams

Annual physical exams

## *Insurance and Billing Information*

We understand that the handling of the financial part of your health care is important. Your insurance contract is between you and the insurance company. As a courtesy we will prepare and submit a claim to your insurance carrier. You are responsible for all charges not covered by your insurance company.



Sheboygan Physicians Group

**PHYSICIANS'**  
**HEALTH NETWORK**

Our affiliations with the independent Sheboygan Physicians Group (SPG) and Physicians' Health Network (PHN) allow us to practice patient-centered health care free of the constraints imposed by many commercial health systems. As independent providers, we take the time to know you and to provide high quality, cost effective medical care customized to your needs and wishes.



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[www.simasc.com](http://www.simasc.com)

Our regular office hours are  
Monday through Friday  
8:00 a.m. to 5:00 p.m.

